08. Slip, Trip, and Fall

Slips, trips, and falls are among the most common workplace incidents and they are easily preventable. Not assessing the path of travel before proceeding is a contributing factor to all loss of balance, traction and grip. Below are causes of slips, trips, and falls:

08.01. Footwear that is not suitable for working conditions.
08.02. Improper assessment of path of travel
08.03. Failure to properly steady oneself during travel.
08.04. Rushing
08.05. Carrying an object that blocks line of vision.
08.06. Messy work areas with debris strewn about.
08.07. Not using fall restraint or arrest devices
08.08. Working off a ladder that is not correct for the activity and or firmly positioned.